### Health Reform, HITECH and The States

Health TechNet March 18, 2011 Ree Sailors



NGA Center for EST PRACTICES

#### **National Governors Association**





NGA Center for EST PRACTICES The Economist, March 2006

### **Since Passage of HITECH**

- All States & Territories (56) in Cooperative Agreements with ONC to coordinate the development of HIE
- Over \$500 million invested in HIE
- All States required to submit Strategic & Operational plans

- 62 Regional Extension Centers established
- 17 Beacon Community programs started
- 10 Challenge Grants
- Community College Consortia & Higher Investments (88)
- 4 SHARP programs funded

## Why Reform?

- 47 50 million uninsured
- Rate of increase in costs for healthcare inflating routinely at 2-3 times the growth in wages
- Inefficient Performance reflected in
  - Population Health
  - Preventable disease
  - Care management and Coordination



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#### How to Reform?

Extension of Coverage

Health Insurance Reform

Delivery System and Payment Reform



#### **Extension of Coverage**

- 30 million newly eligible for Medicaid up to 133% of poverty
- Removal of categorical characteristics
- Mandate for Coverage for Individuals
- Mandate for Employer Offer of Coverage



#### Affordability

•Premium subsidies (premium tax credits) for those with incomes between 133% and 400% of poverty level to help purchase commercial insurance

•Development of Insurance Exchanges to administer subsidies and help consumers shop for coverage

•Focus on Prevention and Disease Management NGA Center for BEST PRACTICES

#### **Current Guidelines HHS Poverty Guidelines**

	Size of Family	48	Alaska	Hawaii		
	Unit	Contiguous				
		States				
	1	10,830	13,530	12,460		
	2	14,570	18,210	16,760		
	3	18,310	22,890	21,060		
	4	22,050	27,570	25,360		
	5	25,790	32,250	29,660		
	6	29,530	36,930	33,960		
	7	33,270	41,610	38,260		
	8	37,010	46,290	42,560		
	For each	3,740	4,680	4,300		
	additional					
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#### **Insurance Reforms**

- No pre-existing condition exclusions
- No cancellation for claims experience
- Extension of coverage for children to age 26
- Mandatory Loss Ratios of 80/20 and 85/15
- Administrative streamlining electronic claim
- Narrowing of rating brackets



## Delivery System & Payment Reform

Deployment of electronic medical records and health information exchange
Greater use of evidence-based medicine
Medical Homes – multi-disciplinary teams
Disease Management for those with co-morbiditi
Move from volume-based payment to outcomebased



#### The Big Five

- Diabetes
- Asthma
- Major Depression
- Coronary Artery Disease
- Coronary Heart Failure
- These five account for 70+% of all expenditur
- Two or more account for 90+%



## Anticipated Trends in Care Delivery

- New Care Models
  - Accountable Care Organizations
  - Medical Homes
  - Multi-disciplinary teams
  - Incorporation of allied health & social services
  - Care Transitions
- More home and community-based care settings
- Greater use of Schoolbased clinics for children's primary care

- Working at the top of the license
- Use of physician and nurse extenders in primary care
- Greater use of electronic health records , health information exchange and tele-health
- Emphasis on outcomes & metrics for quality – monimatics
- Greater efficiency required

#### Challenges

- Streamlined Enrollment Policies
- New Coverage Paradigm
- Major Eligibility Expansions
- Different Eligibility Rules for Medicaid vs. Exchanges
- Need to Track Newly Eligibles for Increased FMAP

Insurance Market and Regulatory Changes NGA Center for SEST PRACTICES

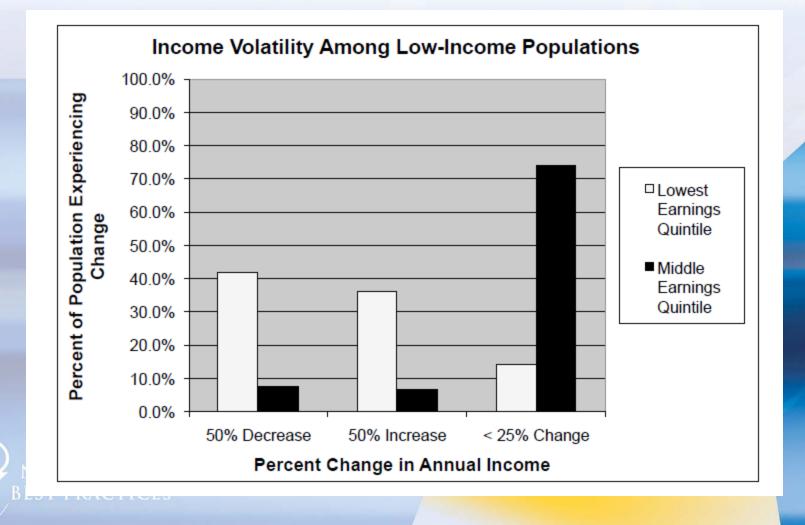
#### State Challenges

- Substantial increases in Medicaid population
- New types of enrollees compared to traditional
- Benefit design issues

- Modification of existing systems to remove/add eligibility functions
- Add exchange coverage for a fairly substantial populatic
- Interface with federal agencies



## **Moving Targets**



#### Challenges to the States

- Many either have or are in the process of replacing old legacy systems (MMIS)
- In-house technical IT skills strained
- Multiple eligibility and enrollment systems across health and social services programs in state governments
- Some states have heavy partnership with county governments and by extension their capacity is a factor
   Capacity is a factor

#### Challenges to the States

- Build a technical infrastructure to support
  - Uniform
  - Automated
  - Consumer friendly
- Administration of health benefits program Aligned with the exchange and subsidized offerings



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#### Insurance Changes

- Benefit Design
- Mandated Benefits
- Rating changes and market disruption
- Rate Reviews
- Consumer Protections



#### **Environmental Context**

- Resource Issues
  - Leadership
  - Financial
  - Workforce
- Fluid political dynamic
- Cultural Change
   It's not welfare

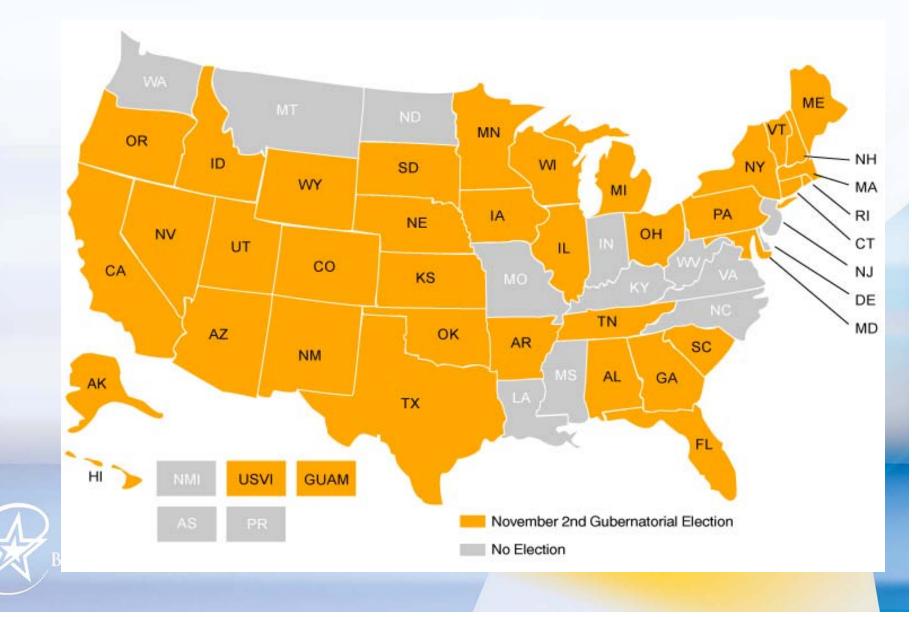


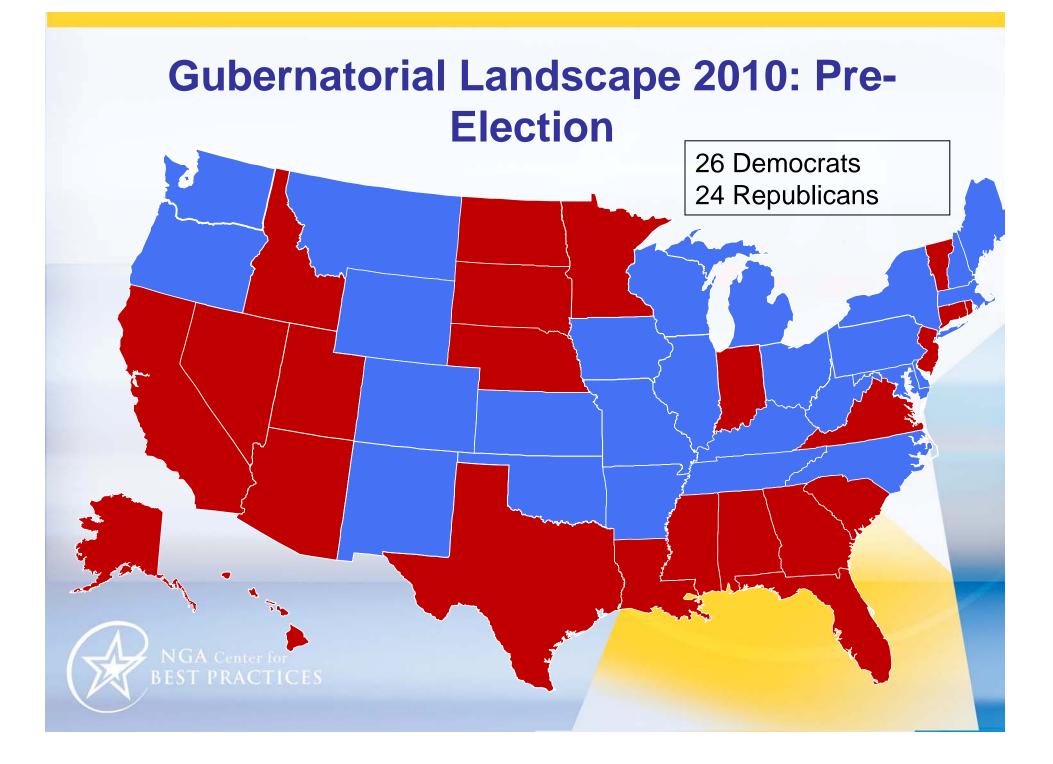
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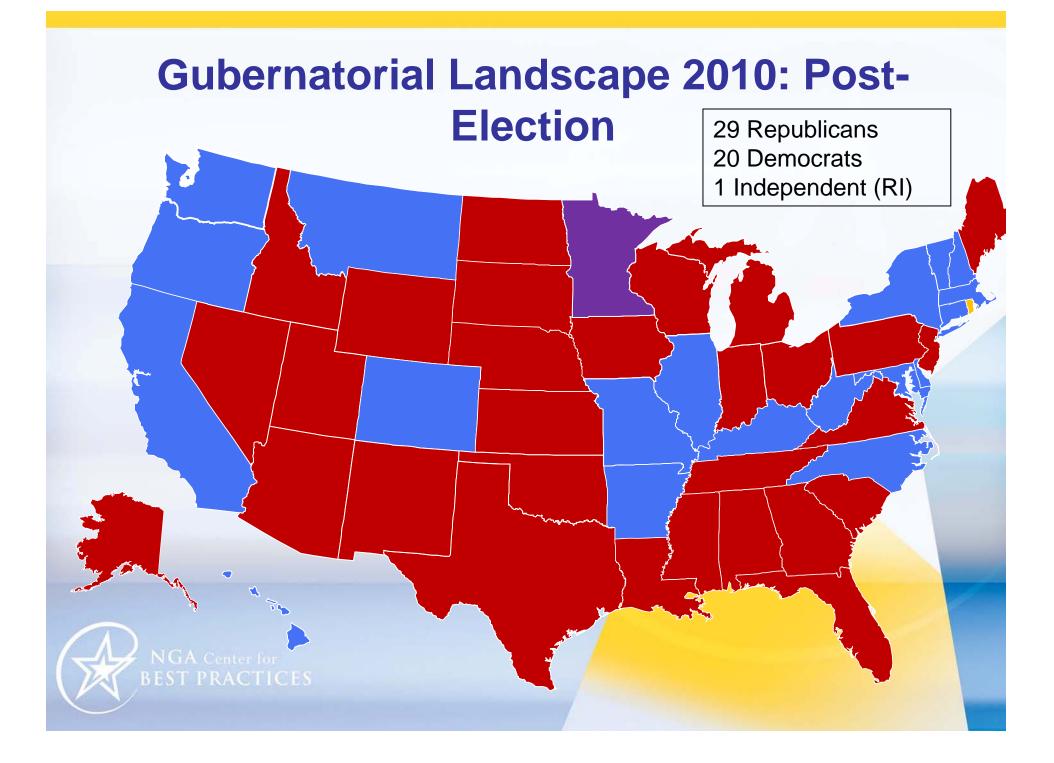
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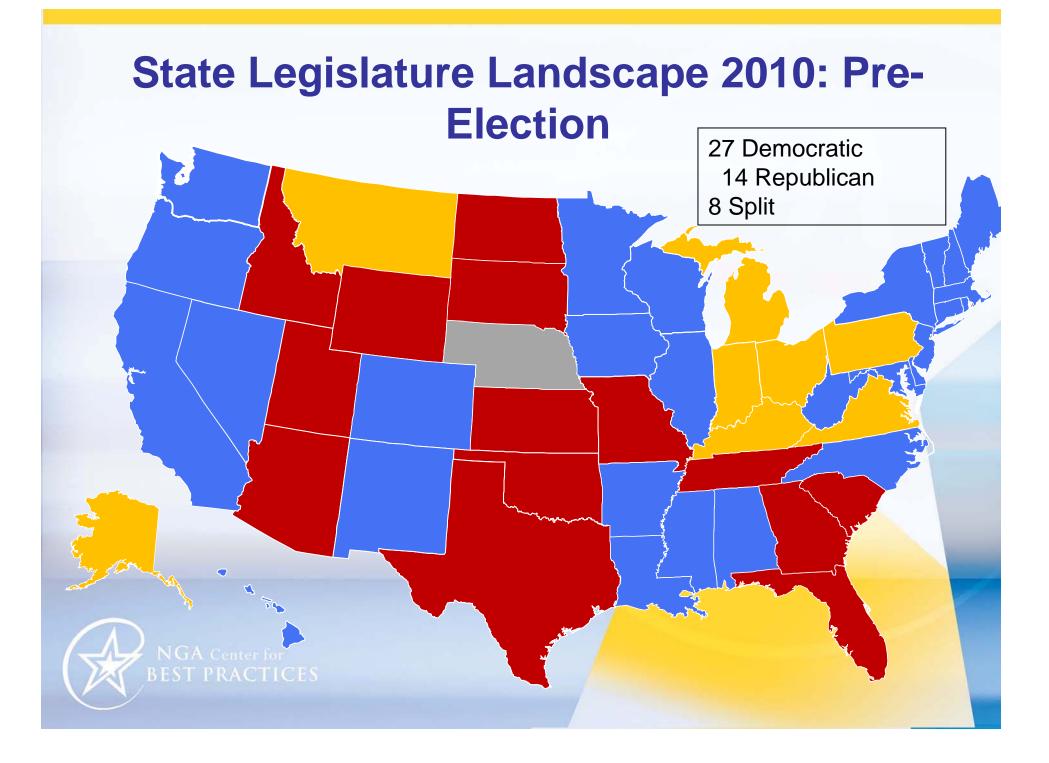
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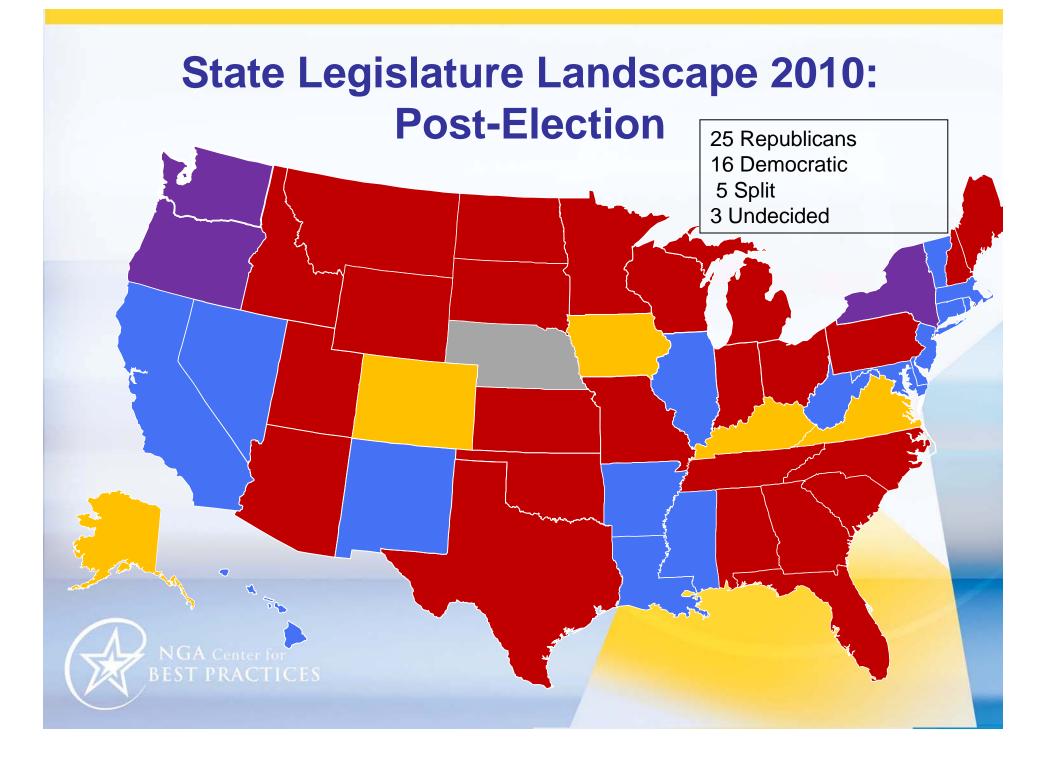
#### **Gubernatorial 2010 Elections**







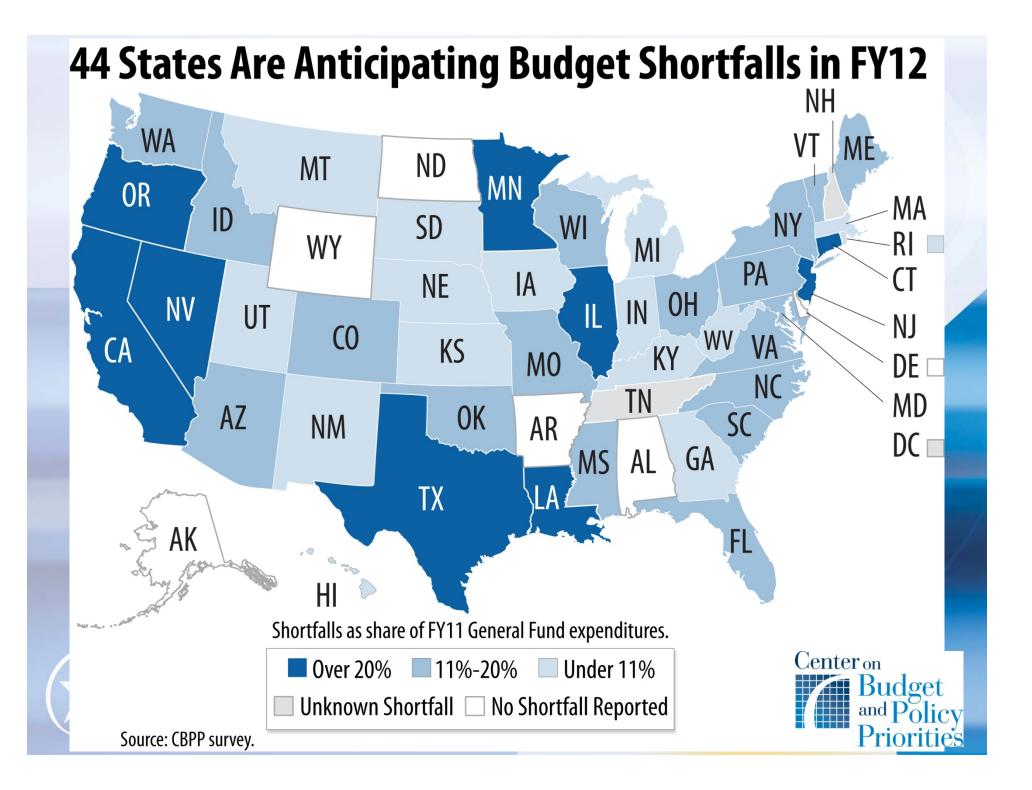




#### Summary: Historical Challenge: Leadership Changes

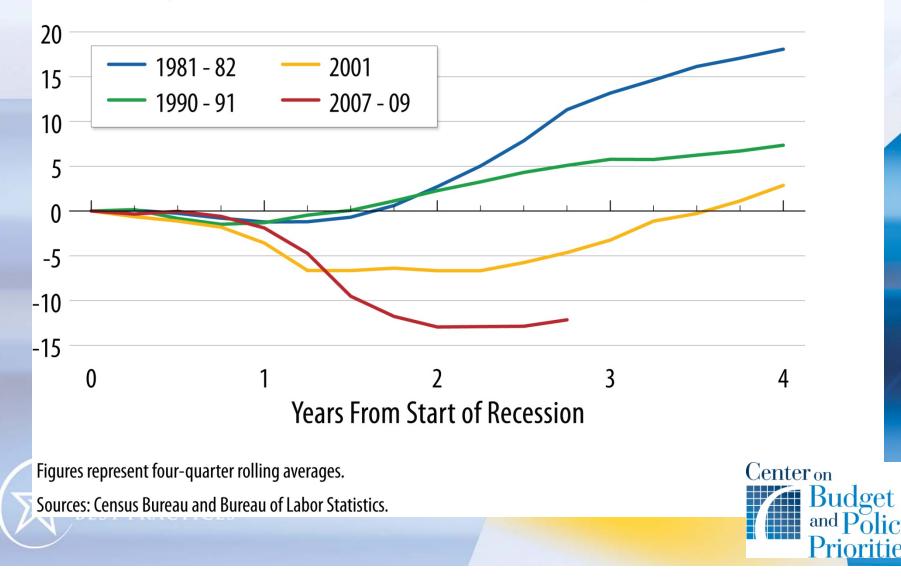
- 37 Governors Races 39 with Territories
- 88 of 99 State Legislative chambers had elections
- 6,125 of 7,384 state legislative seats in contention



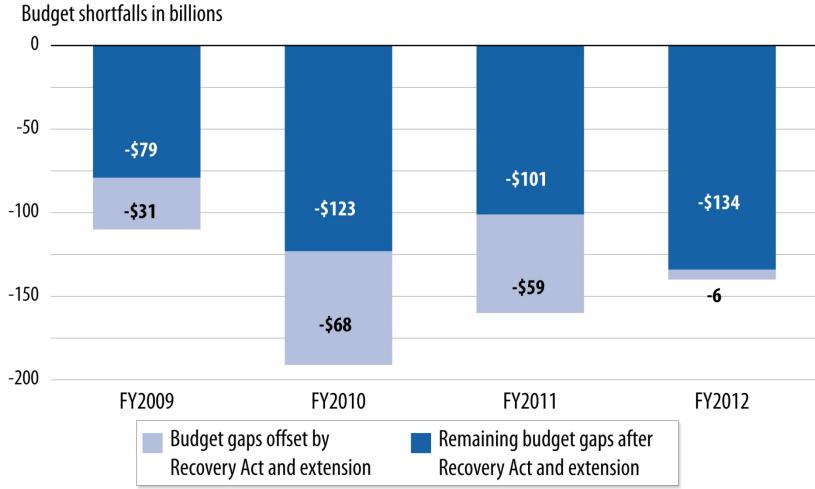


#### **State Revenue Losses Far Exceed Other Recent Recessions**

Percent change in state tax revenue since start of recession, adjusted for inflation



#### State Shortfalls After Use of Recovery Act Funds (Including August Extension)



FY = Fiscal Year

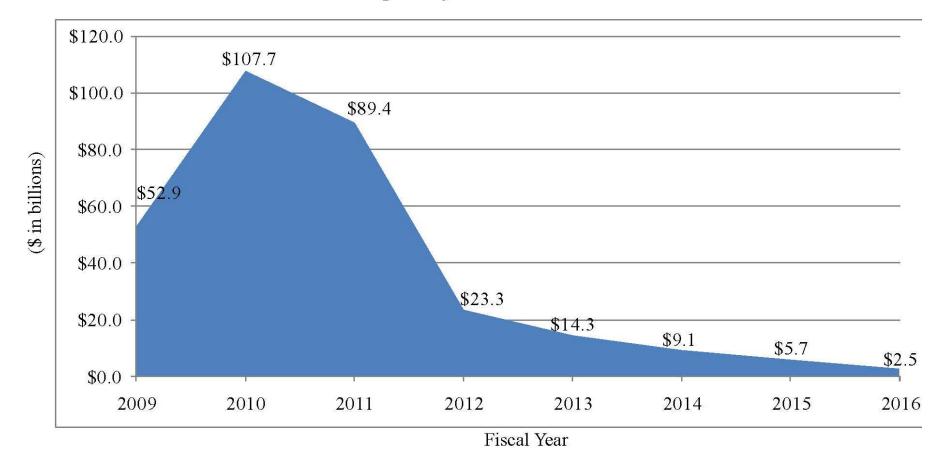
Source: CBPP analysis using data from U.S. Department of Health and Human Services,

U.S. Department of Education, Congressional Budget Office, and state budget documents.

Revised September 2010.



#### The 2012 Cliff Will Require Further Action



#### **Temporary Federal Aid to States**

Source: Recovery Act data come from GAO Report to Congress, September 2010

#### HIT Technical Skills in the Workforce

- Electronic health records become ubiquitous
- Health care workforce across treatment localities will need to be proficient
- Virtualization of medical homes
- Chronic disease management & training for patier
- Other HIT areas: telemetry, tele-medicine, telepharmacy, tele-health in behavioral health



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#### **More Implications for Workforce**

- Direct Care workforce is over 3 million employed
- Need for an additional 1.1 million new positions by 2018
- 90% of direct care workforce is female age 25-54.
   Need to recruit men to the field
- Home Health Aides: 50% growth rate between 2008-2018
- Personal and Home Care Aides: 46% growth rate



#### **State Level Implications**

- Demand for Entry Level positions with technical skills (i.e.- use of HIT/EHR)
- Development of Career Pathways
- Need for rapid workforce development & strong collaborative partnering with private/public sectors
- Re-examination of professional & occupational licensing requirements
- Broadening of shortages awareness beyond prima care physicians and nurses



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# **Questions?**

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